



## Strength-Based Assessment Tools

Working with children to explore their strengths and interests is foundational to creating the strength-based, talent-focused environment where twice-exceptional children thrive, and all children have the opportunity to develop their potential. Many tools and approaches exist to help with this exploration and understanding. In this “living” document, we’re gathering a list of resources to track and highlight these options. Inclusion in this list does not imply endorsement and we offer no warranty about the usefulness of the tools, but rather want to provide a comprehensive list of options for individuals and organizations to consider as they integrate a strength-based, talent-focused approach. Please email [hello@reelpaloalto.org](mailto:hello@reelpaloalto.org) with any additional resources that should be added to this list.

Tool	Description	How to Access / Further Info
Bridges 2e Center Suite of Tools	Further description coming soon. Includes “My Learning Print,” which is a non-technical assessment that students fill out providing insight into their strengths in school, topical interests, learning preferences (ways they like to learn, best conditions for learning, how to show what they’ve learned), activities, experiences, and motivation. It would be best to fill it out in chunks over several class periods rather than all at once.	<a href="https://www.bridges.edu/suite-of-tools.html">https://www.bridges.edu/suite-of-tools.html</a>
CliftonStrengths Assessment	This assessment from Gallup is the most researched, most widely used strength-based tool in education (especially colleges). The company also provides teacher tools to apply the findings from the assessments with students. The tool will not identify interests, learning preferences, etc., but does help students gain insights into how they contribute to their own learning, success, and a team, as well as their preferences in doing so. This assessment can be taken by both teachers and students to set the stage for everyone to talk about and integrate their strengths.	<a href="https://www.strengthsquest.com/home.aspx">https://www.strengthsquest.com/home.aspx</a>
Buckingham StandOut Assessment	Description coming soon.	<a href="https://www.marcusbuckingham.com/gift-of-standout/">https://www.marcusbuckingham.com/gift-of-standout/</a>
Linley Strengths Profile	Description coming soon.	<a href="https://www.strengthsprofile.com/">https://www.strengthsprofile.com/</a>
Renzulli Learning/Renzulli Profiler	This online tool helps students identify their interest areas, learning preferences, expression styles, and academic achievement. It does not focus on character/positive psychology strengths, but may provide better	<a href="https://renzullilearning.com/en/Menus/13-the-renzulli-profiler">https://renzullilearning.com/en/Menus/13-the-renzulli-profiler</a>

	information about what will work best for students in the classroom setting. Renzulli Learning provides schoolwide reporting tools.	
MIDAS	Description coming soon.	<a href="https://miresearch.org/midas/midas-2/">https://miresearch.org/midas/midas-2/</a>
VIA Character Strengths (Signature Strengths) from Positive Psychology Center at UPenn	Based on extensive research on positive psychology, this online assessment profiles a person's character strengths. Teacher and student versions are available. It is closely related to the <a href="#">PERMA theory of well-being</a> .	<a href="https://www.viacharacter.org/">https://www.viacharacter.org/</a>
Armstrong Neurodiversity Strengths Checklist	Description coming soon.	<a href="https://www.institute4learning.com/2019/12/30/do-you-know-your-childs-strengths-here-are-165-possibilities/">https://www.institute4learning.com/2019/12/30/do-you-know-your-childs-strengths-here-are-165-possibilities/</a>  <a href="https://www2.montgomeryschoolsmd.org/siteassets/district/departments/special-education/events/neurodiversity-strengths-checklist.pdf">https://www2.montgomeryschoolsmd.org/siteassets/district/departments/special-education/events/neurodiversity-strengths-checklist.pdf</a>
Strength Assessment Inventory	Description coming soon.	<a href="https://www.strengthassessment.ca/">https://www.strengthassessment.ca/</a>
My Learning Strengths	Description coming soon.	<a href="https://mylearningstrengths.com/">https://mylearningstrengths.com/</a>
Learnfully	Description coming soon.	<a href="https://learnfully.com/">https://learnfully.com/</a>
Thrively	Description coming soon.	<a href="https://www.thrively.com/">https://www.thrively.com/</a>
My Way Expression Style Inventory	From University of Connecticut - a free worksheet that students use to identify their preferences for expressing themselves, including written, oral, artistic, computer, audio/visual, dramatization, musical, commercial (entrepreneurial), and service.	<a href="https://gifted.uconn.edu/wp-content/uploads/sites/961/2015/10/myway.pdf">https://gifted.uconn.edu/wp-content/uploads/sites/961/2015/10/myway.pdf</a>
Myers Briggs Type Indicator	Description coming soon.	<a href="https://www.themyersbriggs.com/en-US/Products-and-Services/Myers-Briggs">https://www.themyersbriggs.com/en-US/Products-and-Services/Myers-Briggs</a>
Enneagram Personality Test	Description coming soon.	<a href="https://www.truity.com/test/enneagram-personality-test">https://www.truity.com/test/enneagram-personality-test</a>



Principles You	Description coming soon.	<a href="https://principlesyou.com/">https://principlesyou.com/</a>
You Science (aptitudes and interests)	Lengthy, detailed, deep assessment of students' aptitudes and interests, leading to talent development for specific career certifications. This may not lend itself well to the beginning of school; however, it is worth exploring for targeted use, perhaps with specific students or older grades students, in career and college planning.	<a href="https://www.youscience.com/">https://www.youscience.com/</a>
VIEW: An Assessment of Problem Solving Style	Description coming soon.	<a href="https://www.viewassessment.com/">https://www.viewassessment.com/</a>
Schoolwide Enrichment Model (Renzulli & Reis)	Create authentic learning experiences and deeply observe students' strengths and interests	<a href="https://gifted.uconn.edu/schoolwide-enrichment-model/">https://gifted.uconn.edu/schoolwide-enrichment-model/</a>